

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>The NEIGHBORHOOD in Rio Rancho LIFE PLAN COMMUNITY</div>		<div>11:10 Blood Pressure Check   Until 12:10am (HH) 2:00 Sun Tours</div>	<div>10:00 NM Natural History &amp; Science Museum 11:00 Menu Chat (PR)</div>	<div>11:00 Bible Study (C) 7:00 Movie (PR)</div>	<div>4:00 Happy Hour  Snacks by Residents (HH)</div>	<div>2:00 Movie (PR)</div>
<div>2:00 Colloquia-Classical Guitar Ensemble (HH)</div>	<div>10:45 Albertson's 2:30 Make Small Easter Treat Baskets for Assisted Living (HH)</div>	<div>11:10 Blood Pressure Check   Until 12:10am (HH) 2:00 NMHC-Boots, Suits, and Citizens: New Mexico's Unique Legislative Culture w/Dede Feldman (HH)</div>	<div>6:30 Casino Night Test Run -VALERIE NEEDS YOU! Volunteers Needed! (HH)</div>	<div>11:00 Bible Study (C) 11:30 Resident Volunteer Brunch (By invitation only)(HH) 7:00 Movie (PR)</div>	<div>1:30 Residents' Association Meeting (HH) 4:00 Happy Hour   Snacks by NiRR (HH)</div>	<div>2:00 Movie (PR)</div>
	<div>10:45 Albertson's 2:30 OASIS- Old Books to Bird House! (Craft) by Irene Newlon \$5 fee (HH)</div>	<div>11:10 Blood Pressure Check   Until 12:10am (HH) 2:00 90 Year Anniversary of Black Sunday-Dust Bowl (Documentary)(HH) 2:00 Second Time Around Donation Day-Apt. 4103 2-3pm</div>	<div>11:00 Menu Chat (PR) 1:30 Book Club (PR) 2:00 90 Year Anniversary of Black Sunday-Dust Bowl (Documentary)(HH)</div>	<div>10:00 Algodones Art Gallery (Outdoors) 11:00 Bible Study (C) 2:00 Loma Colorado Library: Librarian Visit (L) 7:00 Movie (PR)</div>	<div>10:45 Trader Joe's 4:00 Happy Hour  Snacks by Residents (HH)</div>	<div>2:00 Movie (PR)</div>
<div>Happy Easter</div>	<div>10:45 Albertson's 7:00 RRHS - Jazz Band (HH)</div>	<div>11:10 Blood Pressure Check   Until 12:10am (HH) 2:00 Second Time Around Sale - Apt 4103 2-3:30pm 7:00 The New MexiChords (HH)</div>	<div>2:00 NMHC Journey into the Mist of Time: New Mexico's Colorful Past by Alan Osborne (HH)</div>	<div>11:00 Bible Study (C) 2:00 Cooking Demo w/ Chef, Bruce Jones (HH) 7:00 Movie (PR)</div>	<div>10:45 Smith's 4:00 Happy Hour   Snacks by NiRR (HH)</div>	<div>2:00 Movie (PR)</div>
<div>1:00 Rio Rancho Children &amp; Youth Chorus-35</div>	<div>10:45 Albertson's</div>	<div>11:10 Blood Pressure Check   Until 12:10am (HH)</div>				<div>LOCATION LEGEND Chapel = C Haverland Hall = HH Powell Room = PR Ponderosa Patio = PP Lobby = L</div>



# RESIDENT LED ACTIVITIES

Monday	1:00pm	Bridge	PR
Monday	3.00pm	Meditation	Chpl
Tuesday	7:00pm	Board Games	PR
Wednesday	1:30pm-3rd Wk	Book Club	PR
Thursday	1:30pm	Mah Jong	PR
Thurdsday	2:30pm	Spanish	2nd FL
Saturday	10:00-10:30am	Line Dancing	PR
Saturday	7:00pm	Rummikub	PR
Sunday	1:00pm	Cribbage	PR

## MOVIES IN POWELL ROOM

Thursdays 7pm & Saturdays 2pm

4/ 3 & 4/5	French Connection (R)	1H 44m
4/ 10 & 4/12	Grapes of Wrath	2H 9M
4/17 & 4/19	War Games (PG)	1H 54M
4/24 & 4/26	Enchanted April (PG)	1H 35M

1st & 3rd	Wednesday	11:00am	Menu Chat	PR
2nd	Friday	1:30pm	Resident Association	HH
1st & 3rd	Friday	4:00pm	Resident Happy Hour	HH
2nd & 4th	Friday	4:00pm	NiRR Happy Hour	HH
5th	Friday	4:00pm	Resident Happy Hour	HH

# FITNESS CLASS SCHEDULE

MON	TUE	WED	THU	FRI
9:10am-9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am-9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am-9:55am Water Fitness (Pool)
10:00am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:10am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:010am - 10:55am Balance! (Fitness Center)
11:00am - 11:45am Walking Group (Lobby Meet)	10:50am-11:20am Assisted Balance (Fitness Center)	1100am - 11:45am Walking Group (Lobby Meet)	10:50am-11:20am Assisted Balance (Fitness Center)	11:00am - 11:45am Walking Group (Lobby Meet)
1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)
*Class times/events subject to change. Contact Jen at ext. 4145 for any questions or comments.				